Swanwick Lions Club



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NEWSLETTER December 2013



Fareham & Gosport Basics Food Bank:

Swanwick Lions are supporting the work of the Basics Food Bank based in Fareham.

In the last 12 months, the **Basics Bank has provided** a weeks worth of free food and other items, to the equivalent of 3,600 people in our area who are going through a time of crisis. This is a 50% increase compared to the previous year. Many families who are going through a period of dire need due to unemployment, redundancy etc, have been helped to get through a particularly rough patch.

In support of the Fareham & Gosport Basics Bank, and by kind permission of the residents of Roxborough House, Swanwick Lions arranged a 'cheese and wine' evening held at Roxborough House in October.

Mr Philip Rutt from the Basics Bank gave an inspiring talk on the work of the bank, to Lions and friends. Everyone attending brought along a contribution to add to the £250 worth of groceries donated by Swanwick Lions.

The occasion also provided the ideal opportunity to make the monthly draw of our "100" Club. The lucky winners were:-£25- Mrs J. Jones £50- Mrs M. Wilson £100-Mrs S. Goddard

Anyone wishing to support this monthly draw can do so by contacting the Secretary. <u>JDRF -</u> the Junior Diabetes Research Foundation:

For several years we have supported the JDRF by manning the Refreshment tent at their Autumn Walk. This year the Walk was held at Netley Abbey, and 5 Lions and friends served a mountain of sandwiches and gallons of tea, coffee and soft drinks to the participants.

Internationally, JDRF is the world's leading charitable funder of type 1 diabetes research, working with academia, industry and governments to make sure that the research has the greatest possible impact on the lives of people with type 1, now and in the future.

Recent local assistance

We were approached to assist with the provision of a special trike for a young boy who has cerebral palsy. The Club will meet the full cost of this custom made cycle, which will strengthen his legs and core.

It also came to our attention that there was a family desperately in need of respite due to chronic illness. So we stepped in and enabled them to take a family holiday, with a contribution from us of £500.

If you know of an iindividual or family who needs help, and the official care routes have been exhausted, please contact us. Donations made to Lions are from local people, and we strive to ensure that it is our local community where we can have the greatest impact.



<u>Christmas Sleigh</u> Please look out for Santa on his Sleigh. He will be at the following venues during December:-<u>Tesco Whiteley</u>: 6th & 7th

Lochsheath Shopping Village:12th,13th, 19th, 20th & 23rd

Makro Segensworth:14th, 15th, 21st & 22nd

Please give your support. 100% of donations will go towards our local charity work, including the Fareham & Gosport Basics Bank. You will also be able to donate tins of food that we will pass on to the Basics Bank.

Sadly, we have lost some members in the last couple of years, and we now struggle to to provide enough Santas and Collectors. So, we would be interested in hearing from anyone who could give a few hours of their time to help out in these roles.



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